

Report from

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MoSagri Lda and Fundação Pérola made last December 2020 during the visit of Nampula Governor a donation of 500 kg of Moringa leaf powder to be used as food supplement for sick people in the hospital and donation for local woman and children of the community around the health center.

This donation is part of social responsibility developed by both entities to Mossuril and Ilha de Moçambique (Nampula Province) with clear intention to support the fight against mal nutrition and promote food security.

Two months after donation, we visited and collected feedback regarding moringa leaf powder benefits, impact and application trough a survey.

In general, were possible to verify by survey and visit that Moringa leaf powder is mainly used to mix with porridge to be consumed as breakfast to feed mainly women and children with mal-nutrition, weight loss and chronic disease such us anemia, diabetes and HIV. According to the health center director, moringa made an huge impact and bring quality life for those who consumed in the hospital or collected to consume at home. However, lack of food diversity and recently lack of money to buy food affected by many factor including Covid19, forced them to make more donation of Moringa leaf powder than internal use as food supplement in the hospital. It also affected culinary demonstration of moringa and the explanation of moringa benefits to the local community made by nutrition technicians from the hospital.

As suggestion, they all agreed that will be good if we could deliver the product directly to the health center to facilitate transportation and use small bags for donation while 20 kg bags can be used to food supplementation in the hospital.



