

Meeting Nurses and doctors of Lumbo

Subject: Volunteer work of Paulien and Rosalie in the maternity in Lumbo for PoM

Present: Marjanne, Da Licinia, Dr Carlos, Dr Dade, Imelda, Eunice, Suzanne

First we talked while waiting a little for all to be present. Jessica unfortunately left for Portugal. Inocência says she really like to learn more about the ultrasound. Idee is the others start teaching her a little so she can join later with the training. And we did a little round to see the damages with fe the false roof. See foto.

Then Suzanne started by reading the report about the evaluation meeting with the Dutch team in Breda in Portuguese and after we started with the questions we made.

1. How was the experience. First with Paulien, later with Rosalie.
Could you learn from both or prefer the approach from one more than other?
They like them both very much, they are different and they see it was Pauliens second time and Rosalie first time. Next year she will be as comfortable as Paulien.
They all found the experience positive with both of them. They could learn a lot and are now able to use both probes. They also thanks for their help with the deliveries, the cares of the newborns and the mums(Imelda). They saluted the knowledge from both, especially Rosalie and also Paulien' s kindness and amazing integration into the group (all). Dr Carlos thanks for the courses he could receive although he had little time, and the book they gave with the different diseases to recognize in the echography. It is very helpful for him.
2. Was there enough time to teach or must there be a stricter approach? A more strict program as we try to instore at the beginning didn t work. The best way was to work together with the persons who were available day by day. It was uncomfortable for the patient to have a lot of people around them for long time (Licinia) . Anyone really interested had the opportunity to learn any day of the week. And this worked well.
3. Could the ones who learned with the echo also teach others? Not yet. But they are open to teach other nurses like Inocencia ... It all depend on their motivation. For now, they used to share their knowledge together and help each other when they are using the echo (Licinia)
4. How is the echo working and who can work with the vaginal probe? They are working every day with it. They (Eunice,Imelda,dr Dade)all are able to use the vaginal probe, together with Licinia and dr. Carlos. Not on their own yet (Eunice)
Imelda says the old echo was more easy to use than the new one, but they learn about it.

Dr.Carlos says it would be great if the time is there for an extra ultra sound to do and see more other things.

5. What is your opinion/comment on the evaluation of Paulien and Rosalie? They both are good teachers, they have a lot of respect and never force anyone. Also they have a

lot of love for the patients (Licina). They have a lot of patience in teaching, explaining every time all the process for a complete echography (Eunice). They were always available to come for emergency, any time, day or night, they even stopped meetings just to come and help (Imelda). Imelda also shows they stopped giving to much syntocinon. She showed a report of not using it. Licinia says they only uses it when necessary like with a 6/7 month baby. They are afraid the baby's will die. She also understood that it is an concern the babies are not crying after birth as she understood it is different in Europe.

6. What are the things that went well and what not? The good thing is that they transmit a lot of knowledge for the ultrassom practice that is very useful every day (all). What was not good was the lack of protection material for themselves, such as overall, hat for the hairs, masks, shoes to avoid to get infections (licinia). This is very important because they are in contact with blood etc. Just to protect themselves from illnesses they don't maybe not know from Europe.
7. Do you want them to come back and if it is yes what do you need most from them? Yes (all!). They all want them to transmit their knowledge. That is the most important. They also would like them to make a flyer of the use of the ultrassom, for a complete exam that they could follow to make sure everything is fine or not (Licinia).
8. What materials are more necessary? The hormonal DIU (coil/spiraaltje) they appreciate it very much (Licinia), they can t find it anywhere in Mozambique. They use the copper but people don't like that and it has side effects. So they hope to get more from the ones from Holland if possible.
Also the tension measuring machine are very important and used in each sectors of the hospital (Dr Dade). Maybe look for a more sustainable tension measuring for tropical temperatures. He keeps the one from dr.Jan for himself. 😊. He has great respect for dr. Jan and likes to learn from his experiences.
9. And how do you think for the future, what can we do more or better? They all hope that Paulien and Rosalie can continue the work they started, they want to learn more to improve the quality of the Health Center of Lumbo and to help most persons as possible. For next time, Paulien and Rosalie are also welcome to participate every morning at 7:00 to the daily meeting of all the staff to be more involve and better aware of the programs. Also they will arrange a visit to Nampula hospital or Monapo if they want.

